



The Art of Feed Back



Welcome to the September newsletter.

Spring is here and the weather in Australia is simply wonderful. Spring brings with it energy and life and a sense of renewal.

This newsletter focusses on a common question I get asked as a coach and when delivering programs. That is - how to give someone feedback – especially when it needs to address behaviour. Humans are a complex mob and we don't quite know how someone will respond. The article this month provides a number of tips to support your success [Read More](#)

Snippets

As a child I was attracted to this fun and playful activity. I must confess as an adult I still am. I share this enjoyable video and amazing experiment in Positive Psychology!

<http://www.youtube.com/watch?v=AYt3ib1EwNE>

Want to know more

If you would like further information on any of the topics covered then please call or [email](#) us and we will be delighted to forward it to you.

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