



Unconscious Potential®

TEAM AND GROUP COACHING

“Partnering for Performance”

*“What lies behind us and what
lies before us are tiny matters
compared to what lies within us.”*

- Ralph Waldo Emerson



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Unconscious Potential Team and Group Coaching can facilitate positive change for your business by:

- Clarifying your team's purpose and strategy, providing a sense of direction that guide the team's actions
- Supporting the team to set specific goals, define an action plan and strategies to ensure the achievement of the goals
- Opening up communication channels within your team, ensuring information and learning is shared
- Creating a culture where staff encourage and support each other, collaborate rather than compete
- Establishing an environment where staff are given the opportunity to perform to their potential on a consistent basis
- Providing accountability and an objective view point for the achievement of the goals
- Developing high performing project teams in a short period so as to allow focus on the required goals and objectives of the project

"The unique team coaching process utilised harnesses the innate skills in each participant ensuring the power of team work is achieved."

Qualifications

Silvia is a certified executive and team coach. She is a member of the International Coaching Federation (ICF). She is an NLP Master Practitioner and is also qualified to administer and interpret the GENOS Emotional Intelligence tool. She holds a Masters Degree in Business and Technology as well as professional qualifications in Engineering and Project Management.

Professional Experience

Silvia has an extensive background in corporate environments developing and leading cross functional teams on a broad range of business change management programs within the Telecommunications, Airline, Public Sector and Construction industries. Silvia has worked for a number of leading organisations including: Sydney Water, Qantas Airways, Singtel Optus, Email and Schindler Lifts

Specialisations

Silvia's expertise and experience includes Performance, Leadership and Career Coaching; Coaching of Project Managers, Engineers and Technical Personnel; Goal Setting; Time Management and Planning, Change Management; Team Coaching; Project Management; Group Facilitation and Training.



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Testimonials

“Silvia assisted me to bring a Senior Project Management User Groups understanding of what their responsibilities were by removing the last issues and risks to the group allowing them to work as a team with a single goal. This was completed by way of workshops, presentations and briefings to the team which Silvia ran in an understanding and professional manner.” Senior PMO Consultant - Sydney Water

“As a trainer/facilitator with 30 years experience in the industry, I was very impressed with the professionalism and ability demonstrated by Silvia in the design and delivery of the coaching session she conducted for our students. Her design consultation skills, attention to detail and ability to develop a tailored session for a particular target group and outcome are but a few of her outstanding attributes. I recommend her to any organization.” Career & Transition Support Coordinator - Sutherland BEN